

LIFELINES

Fidelity Instrument

The following instrument is designed to provide information about how you are implementing the LIFELINES youth curriculum. This information will be used as part of the LIFELINES evaluation for both program improvement (e.g., to modify sessions that are not well received or add to sessions that may be lacking in content) and to provide a context for interpreting other program findings.

There is one instrument for each of the 4 LIFELINES sessions. Please check to be sure you are completing the instrument that corresponds to the session you just completed. That is, if you just completed Session 1, be sure you are completing the instrument for Session 1. It is important that you complete the instrument as soon after each session as possible. Completing the instrument immediately after each session will help ensure that information about the session is still fresh in your mind. Please try to be as thorough as possible when completing the instrument.

Thank you very much for taking the time to provide this important information.

Instructor's name:

Community organization:

Session date:

Number of participants:

Session 1: When is a Friend in Trouble?

1. How long did the session last?

2. Please indicate to what extent you addressed each of the following Session 1 components. This includes distributing and discussing all handouts, and viewing and discussing videos, as directed by the curriculum.

Part 1: Introducing the LIFELINES program to students

_____ Not at all _____ Somewhat _____ Mostly _____ Completely

Part 2: "What Would You Do?"

_____ Not at all _____ Somewhat _____ Mostly _____ Completely

Part 3: Information about Suicide

_____ Not at all _____ Somewhat _____ Mostly _____ Completely

Part 4: Wrap-Up

_____ Not at all _____ Somewhat _____ Mostly _____ Completely

3. Based on your responses to Question 2, above, if there are components of Session 1 that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

4. Do you feel that you were adequately trained to implement Session 1 as intended?

_____ NO

_____ YES

4a. If you answered “No” to Question 4, please tell us what additional training or resources would have been helpful to you in implementing Session 1 as intended.

5. Are there topics that you covered during this session that are not part of the LIFELINES curriculum?

_____ No

_____ Yes (If you check “Yes,” please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Overall, how successful were you in achieving each of the following Session 1 objectives (as presented on page 89 of the LIFELINES curriculum manual)?

Students will be able to define reasons for a unit on suicide

_____ Not at all successful _____ Somewhat successful _____ Mostly successful _____ Completely successful

Students will be able to examine personal reactions to a situation involving a peer's suicidal behavior

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

Students will be able to examine the ways in which our feelings about suicide influence our actions

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

Students will be able to identify basic facts about suicide

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

If you were less than “completely successful” in achieving any of these objectives, please help us understand why.

7. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing Session 1?

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Instructor's name:

Community organization:

Session date:

Number of participants:

Session 2: How Do I Help a Friend?

1. How long did the session last?

2. Please indicate to what extent you addressed each of the following Session 2 components. This includes distributing and discussing all handouts, and viewing and discussing videos, as directed by the curriculum.

Part 1: Identifying warning signs of suicide

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 2: DVD Scenarios: A teen's guide to suicide prevention

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 3: A teen's guide to suicide prevention discussion

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 4: Helpful steps to prevent suicide

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 5: Wrap-up

____ Not at all ____ Somewhat ____ Mostly ____ Completely

3. Based on your responses to Question 2, above, if there are components of Session 2 that were NOT addressed “completely” (i.e., addressed “not at all,” “somewhat,” or “mostly”), please help us understand why.

[illegible]

4. Do you feel that you were adequately trained to implement Session 2 as intended?

NO

YES

4a. If you answered “No” to Question 4, please tell us what additional training or resources would have been helpful to you in implementing Session 2 as intended.

5. Are there topics that you covered during this session that are not part of the LIFELINES curriculum?

No

_____Yes (If you check “Yes,” please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Overall, how successful were you in achieving each of the following Session 2 objectives (as presented on page 101 of the LIFELINES curriculum manual)?

Students will be able to recognize specific warning signs of suicide in themselves and others

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

Students will be able to organize warning signs around the FACTS sheet

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

Students will be able to name three basic suicide intervention steps

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

Students will be able to identify the words to use to ask about suicide

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

If you were less than “completely successful” in achieving any of these objectives, please help us understand why.

7. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing Session 2?

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Instructor's name:

Community organization:

Session date:

Number of participants:

Session 3: Where Can I Go to Get Help?

1. How long did the session last?

2. Please indicate to what extent you addressed each of the following Session 3 components. This includes distributing and discussing all handouts, and viewing and discussing videos, as directed by the curriculum.

Part 1: "One Life Saved" video and discussion questions

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 2: The qualities of helpful people

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 3: Inform students of your agency's preparedness to help

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 4: Wrap-up

____ Not at all ____ Somewhat ____ Mostly ____ Completely

3. Based on your responses to Question 2, above, if there are components of Session 3 that were NOT addressed "completely" (i.e., addressed "not at all," "somewhat," or "mostly"), please help us understand why.

4. Do you feel that you were adequately trained to implement Session 3 as intended?

☐ NO

☐ YES

4a. If you answered “No” to Question 4, please tell us what additional training or resources would have been helpful to you in implementing Session 3 as intended.

5. Are there topics that you covered during this session that are not part of the LIFELINES curriculum?

☐ No

☐ Yes (If you check “Yes,” please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Overall, how successful were you in achieving each of the following Session 3 objectives (as presented on page 109 of the LIFELINES curriculum manual)?

Students will be able to discuss more fully how to implement the steps of a successful peer intervention

☐ Not at all successful ☐ Somewhat successful ☐ Mostly successful ☐ Completely successful

Students will be able to define traits of helpful people

☐ Not at all successful ☐ Somewhat successful ☐ Mostly successful ☐ Completely successful

Students will be able to identify school (or agency) resources and procedures for responding to suicidal students (or participants)

_____Not at all successful _____ Somewhat successful _____Mostly successful _____Completely successful

If you were less than “completely successful” in achieving any of these objectives, please help us understand why.

7. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing Session 3?

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Instructor's name:

Community organization:

Session date:

Number of participants:

Session 4: Where Can I Go to Get Help?

1. How long did the session last?

2. Please indicate to what extent you addressed each of the following Session 4 components. This includes distributing and discussing all handouts, and viewing and discussing videos, as directed by the curriculum.

Part 1: Guided practice through scripted role-plays

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 2: The help-seeking pledge

____ Not at all ____ Somewhat ____ Mostly ____ Completely

Part 3: Wrap-up

____ Not at all ____ Somewhat ____ Mostly ____ Completely

3. Based on your responses to Question 2, above, if there are components of Session 4 that were NOT addressed “completely” (i.e., addressed “not at all,” “somewhat,” or “mostly”), please help us understand why.

4. Do you feel that you were adequately trained to implement Session 4 as intended?

☐ NO

☐ YES

4a. If you answered “No” to Question 4, please tell us what additional training or resources would have been helpful to you in implementing Session 4 as intended.

5. Are there topics that you covered during this session that are not part of the LIFELINES curriculum?

☐ No

☐ Yes (If you check “Yes,” please identify each topic and the activities (e.g., discussion, role plays, invited speakers) used to address each one.)

6. Overall, how successful were you in achieving each of the following Session 4 objectives (as presented on page 119 of the LIFELINES curriculum manual)?

Students will be able to demonstrate ability to help a troubled friend through scripted role-plays

☐ Not at all successful ☐ Somewhat successful ☐ Mostly successful ☐ Completely successful

Students will be able to demonstrate a willingness to help self or a troubled friend by signing a help-seeking pledge

☐ Not at all successful ☐ Somewhat successful ☐ Mostly successful ☐ Completely successful

Students will be able to identify the wallet card as a resource

____ Not at all successful ____ Somewhat successful ____ Mostly successful ____ Completely successful

If you were less than “completely successful” in achieving any of these objectives, please help us understand why.

7. Is there anything else you would like to tell us about the challenges and successes you experienced while implementing Session 4?
